

Canyon Movement Company (CMC) has been an essential part of the dance scene in Flagstaff since 1993. CMC has worked in schools all over northern Arizona. The company has traveled all over the Southwest, to Italy, and Wexford, Ireland (twice) to perform and teach. The company has produced *The Nutcracker Suite in Modern Bare Feet* for fourteen years. They have performed at the Dance in the Desert Festival in Las Vegas and the Arizona Dance Festival. Their mission is: *Canyon Movement Company, Inc., is a modern dance ensemble dedicated to sharing our passion and excitement with a growing audience by creating and presenting the art of dance through performance, education, and community and collaborative projects.*

Gina Darlington has traveled to Ireland, Italy, Cuba, and throughout the southwestern United States, where she and the company have performed and taught. She has performed in multiple dance companies in Utah, Missouri, Nebraska, and Arizona. Gina was an Artist-in-Residence for the state of Arizona for several years & was the Director of Canyon Dance Academy in Flagstaff, AZ for twenty years. She was on faculty at Coconino Community College for twenty-three years and was also a guest teacher at the American College Dance Festival. Gina choreographed for Northern Arizona University Theater. She received her dance degree from Brigham Young University. Gina is also on the board of the Arizona Dance Coalition. She served on the Arizona Department of Education (DOE) Committee to re-write the Arts Standards, and the Arizona DOE National Content Review Committee for Arts Assessments. Gina keeps busy with her family including her fifteen beautiful grand-kids.

Natalie Jones is currently a PhD student and graduate research assistant in the department of Astronomy and Planetary Science at Northern Arizona University. She grew up in Gainesville, FL and received her BA in Geology at the University of Pennsylvania. She started dancing at age 3 and trained primarily in ballet and jazz until college, where she fell in love with modern dance. She first joined Canyon Movement Company in 2017. In addition to acting as the President of the Board, she also dances and choreographs with CMC.

Breanna Lengyel received her Bachelors of Arts in Research Psychology from the University of California, San Diego, where she worked as a Research Assistant specializing in developmental psychology. Additionally, she spent nearly a decade working as a Lead Behavioral Health Technician for adults & children with special needs and mental disorders, with a specialization in autism and related disorders. Since moving to Flagstaff, Breanna has moved into the field of Health & Wellness. She has managed a variety of yoga programs and studios around town, and provides private and small group mindfulness-based coaching sessions, in addition to her yoga and meditation services. Breanna is the Vice President on the Board of Directors for Canyon Movement Company, where she also dances and choreographs. She has been dancing a variety of styles off-and-on since she was fifteen years old.

Zhuoting Wu loves to dance and move with music. She received her PhD in Biology from Northern Arizona University. She serves as the Earth Observation Applications Coordinator at the US Geological Survey. This is her second season with Canyon Movement Company. She loves working out, feeling strong, traveling around the world, seeing new places, trying new food and meeting new people.

Angelica Alcalá last performed with Canyon Movement Company in 1994, and is so excited to work with Gina and to share the stage with this new group of talented and dedicated dancers. Trained in classical ballet, Angelica enjoyed a professional career performing soloist and principal roles with companies across the country, including the Los Angeles Ballet, Long Beach Ballet, Tulsa Ballet Theater, and the Cleveland Ballet. Over the last twenty years, Angelica has been teaching and choreographing in the Verde Valley, including for Mingus Union High School's award winning theater program and Yavapai College. Happy to be performing, Angelica shares her lifelong love of dance with her grandchildren, Amelia and Anastasia. Love you girls!

Danika Rudd is graduating in May from Northern Arizona University with her Bachelors in Psychological Sciences. She grew up dancing with Canyon Dance Academy and started dancing with Canyon Movement Company when she graduated high school. This is her final performance with the company, and she is really honored and grateful to have grown as a person and a dancer alongside such a talented and loving group of dancers. She is also thrilled to be able to perform with Cynthia Ahlers and all of the wonderful dancers also performing with Ahlers Dance.

Indiana Meade recently graduated from Northern Arizona University with a Bachelors of Arts in Special Education. She has been dancing since she was 11 years old in Prescott, Arizona. Canyon Movement Company has helped her find a connection to Flagstaff other than just being a college student and allowed her to continue creative expression through dance with some really cool human beings!