

1. **Canyon Movement Company**

Peacocking

Choreographer: Kelsie King
Dancers: Laura Covey, Natalie Jones, Kelsie King, Breanna Lengyel, Indiana Meade, Danika Rudd, Zhuoting Wu
Music: Bling-Bang-Bang-Born by Creepy Nuts

2. **Friends**

Golden

Choreographer: Alana Westra, Carrie Cobb
Dancer: Alana Westra
Music: Daylight by Taylor Swift

3. **Canyon Movement Company**

Woman Undefined

An exploration of the unique joys and challenges we experience as women in the different phases of life as well as the transitions in between.

Choreographers/Dancers: Angelica Alcalá, Danika Rudd, Megan Henningsen
Music: Primavera by Ludico Einaudi

4. **CaZo Dance Theatre**

Contempt

Choreographer/Dancers: Dominique Bailey, Bridgette Caron Borzillo
Music: I Have Been A Fire by Luke Sital-Singh

5. **Ahlers Dance**

See Me

Choreographer: Cynthia Dewell Ahlers
Dancers: Anne Brown Buckwald, Emma Ferns, Regan Foote, Nadine Geissler, Madilyn Marshall, Courtney Ray, Danika Rudd; Understudy: Noortje Wauben
Music: Madison McFerrin

Each female brings her own beauty from within. There is no one like her; she is irreplaceable. She's not someone who can grow with a little sunshine and water. Her value is that of a woman, a mother, a hero, and a super-intelligent super-human.

6. **Daniel Cunningham**

Me & U

Choreographer/dancer: Daniel Cunningham

7. **Canyon Movement Company**

Dura

Choreographer: Zhuoting Wu
Dancers: Laura Covey, Megan Henningsen, Natalie Jones, Breanna Lengyel, Indiana Meade, Danika Rudd, Zhuoting Wu
Music : Dura by Daddy Yankee

8. **Desert Dance Theatre/Step's Junk Funk**

Step Boom Bop *Step Boom Bop premiered at the 2006 Arizona Dance Festival as a 3-person cast in Step's Junk Funk repertory.*

Choreographer: Step Raptis
Dancers: Lisa R. Chow and Step Raptis
Music: Step Raptis, performed live by dancers

9. **Friends**

The Boy is Mine

Choreographer: Alana Westra, Carrie Cobb
Dancers: Carrie Cobb, Danika Rudd, Natalie Jones, Indiana Meade, Alana Westra, Zhuoting Wu
Music : The Boy is Mine by Ariana Grande

10. **Ahlers Dance, Canyon Movement Company, Human Nature Dance Theatre**

On and On (Premiere. Part III of a trilogy)
Choreographers/Dancers: Cynthia Ahlers, Gina Darlington, Jayne Lee
Music: Aria by the Balanescu Quartet

11. **Canyon Movement Company**

Heartstrings

Choreographer: Breanna Lengyel
Dancers: Laura Covey, Megan Henningsen, Natalie Jones, Breanna Lengyel, Indiana Meade, Danika Rudd, Zhuoting Wu
Music: Smother by Daughter

Intermission

12. **Canyon Movement Company**

The Floor's NOT Lava (aka Butt Dance)

Our life cycle starts and ends with us wobbly, unwalking, and with a unique view of the world around us. This dance explores the world of babies, bugs, and body parts (butts) with the childlike exploration of dancing without standing upright.

Choreographer: Natalie Jones
Dancers: Laura Covey, Megan Henningsen, Natalie Jones, Kelsie King, Breanna Lengyel, Indiana Meade, Danika Rudd, Zhuoting Wu
Music: Watermelon Man by Herbie Hancock

13. **Ahlers Dance**

Again

We all look for happiness in this life and seeking it in external conditions results in excessiveness and dissatisfaction. Do we need to repeat this cycle...again?

Choreographer: Nadine Geissler
Dancers: Cynthia Dewell Ahlers, Nadine Geissler
Music: Valeria Clark, Nadine Geissler
Costume Designer: Helen Locke

14. **Canyon Movement Company**

Wild

Choreographer: Danika Rudd
Dancers: Laura Covey, Gina Darlington, Megan Henningsen, Natalie Jones, Kelsie King, Breanna Lengyel, Indiana Meade, Danika Rudd, Zhuoting Wu
Music: Man With No Name

15. **CaZo Dance Theatre**

Aftermath

Choreographer: Bridgette Caron Borzillo
Dancers: Keanna Agustin, Bridgette Caron Borzillo, Ally McSpadden, Mackenzie Mirenda.

16. Canyon Movement Company

Many Beautiful Things

Choreographer: Indiana Meade

Dancers: Natalie Jones, Indiana Meade,
Danika Rudd

Music: Her Joy Was Complete by Sleeping
At Last

17. Human Nature Dance Theatre

Whale Song

Choreographer& Dancer: Jayne Lee

Film: Kent Wagner

Music: Bryan Cooperrider, Tanner Reed

Poem: Frederica Hall (**see poem at end of
the program)

18. Ahlers Dance

Rise Up

*Competition gets grueling when dancers line up; they
race to a different standard, a higher standard. In the
end, all are winners.*

Choreographer: Cynthia Dewell Ahlers

Dancers: Anne Brown Buckwald, Emma

Ferns, Regan Foote, Madilyn

Marshall, Courtney Ray, Danika Rudd

Music: Barns Courtney

19. Canyon Movement Company

Drowning

Choreographer/Dancer: Zhuoting Wu

Music: I feel like I'm drowning by Two Feet

20. Canyon Movement Company

How Patient are the Tides?

Choreographer: Laura Covey

Dancers: Laura Covey, Megan Henningsen,
Natalie Jones, Kelsie King, Breanna Lengyel,
Indiana Meade, Danika Rudd, and Zhuoting
Wu

Music: Dawn Chorus by John Hopkins with
a handpicked mix of ocean sounds.

*How Patient are the Tides? invites the audience to
appreciate the cycles present in the ocean waves and
how they may represent the emotional cycles we as
humans experience. An excerpt from The Rise and Fall of
Waves by Tony DeLorger embodies this concept.*

*"And so the cycle continues
until the tide changes
in gloaming light,
and calmer will it be,
a sea at rest after such a test of endurance,
and that aqua turns to deepest blue,
then purple beneath those stars
studded into the night,
as seas abate, in calm repose,
to rest its weary throws,
until in light it chooses to rise once more."
~Tony DeLorger © 2018*

21. CaZo Dance Theatre

Title: Kissing Around...Bye!

Choreographer: Dominique Bailey &

Bridgette Caron Borzillo

Dancers: Keanna Agustin, Dominique Bailey,

Bridgette Caron Borzillo, Madison Keffer,

Ally McSpadden, Mackenzie Mirinda

Music: Kiss the Girls by Chase Holfelder and
ByeByeBye by Rain Paris

Technical Director/Lighting Designer: Ben
Alexander

Producer: Canyon Movement Company

Director: Gina Darlington

Videography: SES Productions

Photography: Terry Sohl

Graphic Design: Danika Rudd

Website: Breanna Lengyl

Social Media: Danika Rudd/Breanna Lengyl

Opening night reception: Arizona Dance
Coalition.

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Directors, and Human Nature Dance Studio.

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and corporate donations. For more information:
www.canyonmovementcompany.org*

***Canyon Movement Company Board of
Directors:**

President: Natalie Jones **Vice-President:**

Breanna Lengyel **Secretary:** Jennifer Kotalik

Treasurer: Scott Sawyer

Human Nature Dance Theatre Whale Song

** Mysterious Orphic Song of the spirit Mysticeti

Before the origin of our universe
before the vast uncharted perpetual
aeonian space came to be.

Curled in and spiraling around
her rarefied singularity, suspended
in the incomprehensible splendor
of the empyrean cosmos of radiance

There in the dark, the dark
that is not dark, she luxuriated
concealed in the supernatural
billowing of dark matter

A whisper arose
from her subatomic realm
Evoking her to uncurl and flow
With an intentional magnetic inclination
Towards a far far far distant, Blue Dot

Just a breath away, a breath away
or billions and billions of years
or just a Wink of her eye
and the fall of a teardrop
she was there.

Diving through
atmospheric layers (troposphere,
stratosphere, mesosphere,
thermosphere, exosphere)
into the beautiful primordial sea

Bursting forth with
her fifth Force evoking
Bioelectric igniting of the ancient waters
Making honey for life's magnetic inclination
She dove to the bottom of the deepest sea

Scooping up muddy quondam Clay
Transforming it within her majestic being
as she surged to the surface
breaching the ancient waters
Leaping high into the sky

Opening her gargantuan mouth
where emergenced into the waves
Sparkling light in every direction
All of her kind, every other living thing
Filling the seas with life

It could've been billions and billions of years
or hundreds of millions of years
or just again 'a tear'

all her children jubilantly frolicking
with her in the beatific waters
long before the Panthalassa Sea,

When Again a whisper arose
from her subatomic realm
the moment had come
for her to sing her kin to her
they all came joyfully to her call

Spiraling around poignantly touching noses
as she told them it was time
for her to resume her ancient journey beyond the stars
she whispered secrets to some of the oldest
and sang one last song to them all

This her quintessence lullaby
deeply embedded into their souls
Telling them she would always hear their songs
and they would always hear hers
across infinite time and space

Circle upon circle around her they sang
her quintessence lullaby
the fifth and highest element
after air and earth and fire and water
this mysterious gift she gave them

They sang her quintessence
for her final leap from the ocean
into the sky disappearing beyond
the Moon and the Sun and the Stars
beyond the beyond

No one knows how long they sang
with their tears falling down into the seas,
They sang on and on till all the seas
were salty with their tears.

To this day they continue to sing to her
and they hear her singing back to them.

-Frederica Hall-

Completed 2024-during Jupiter-Uranus conjunction
